

RECORDS SUDAMERICANOS CLASSIC- Octubre 2025

DAMAS OPEN

SQUAT	NOMBRE	NACION	MARCA	FECHA	LUGAR
47	Marin Puelles Valentina/93	Chile	130.5	20-sep-25	Porto Belo-Brazil
52	Garcia Keissy/85	Colombia	155.0	02-dic-24	Peru -Bolivarianos
57	Saenz Soto Maria/02	Chile	170.0	24-ago-25	Costa Rica
63	Arias Yassmin/93	Chile	183.5	17-sep-24	Bs As - Arg
69	Tavares Cicera/76	Brazil	190.5	07-sep-22	Cacador-Brasil
76	Bisol Bruna/97	Brazil	197.5	20-sep-25	Porto Belo-Brazil
84	Zapata Karen/94	Colombia	198.0	03-jul-18	Guayaquil
84+	Soares Bianca/82	Brazil	228.0	20-sep-25	Porto Belo-Brazil

BENCH PRESS

47	Inamassu Renata/78	Brazil	75.0	10-oct-25	Cape Town-South
52	Carvalho Giulia/99	Brazil	94.0	20-sep-25	Porto Belo-Brazil
57	Kenia Monserrate/91	Ecuador	97.5	07-dic-17	Argentina
63	Bueno Erica/80	Brazil	122.5	15-jun-25	Chemnitz
69	Castellain Ana Rosa /85	Brazil	130.0	23-sep-21	Halmstad
76	Castellain Ana Rosa /85	Brazil	132.5	07-dic-17	Argentina
84	Castellain Ana Rosa /85	Brazil	125.0	16-jun-16	Killen-Usa
84+	Soares Bianca/82	Brazil	116.0	20-sep-25	Porto Belo-Brazil

DEADLIFT

47	Liset Herrera/03	Peru	150.5	20-sep-25	Porto Belo-Brazil
52	Fernandez Carmen/76	Peru	177.5	01-dic-24	Bolivarianos
57	Gomez Sanzana Tais/00	Chile	197.5	20-sep-25	Porto Belo-Brazil
63	Ferreira Mikaela/91	Uruguay	203.0	17-sep-24	Bs As - Arg
69	Tavares Cicera/76	Brazil	220.0	07-sep-22	Cacador-Brasil
76	Bisol Bruna/97	Brazil	240.0	20-sep-25	Porto Belo-Brazil
84	Almeida Marina/90	Brazil	250.0	20-sep-25	Porto Belo-Brazil
84+	Gedeao Bianca/82	Brazil	235.0	17-sep-24	Bs As - Arg

TOTAL

47	Inamassu Renata/78	Brazil	349.0	10-oct-25	Cape Town-South
52	Carmen Bueno/85	Ecuador	413.5	20-sep-25	Porto Belo-Brazil
57	Saenz Soto Maria/02	Chile	452.5	24-ago-25	Costa Rica
63	Castro Rosa/79	Ecuador	462.5	08-dic-16	Lima-Peru
69	Castellain Ana Rosa /85	Brazil	515.0	23-sep-21	Halmstad
76	Bisol Bruna/97	Brazil	552.5	20-sep-25	Porto Belo-Brazil
84	Almeida Marina/90	Brazil	555.0	20-sep-25	Porto Belo-Brazil
84+	Soares Bianca/82	Brazil	576.5	20-sep-25	Porto Belo-Brazil

BENCH PRESS SINGLE LIFT

47	Inamassu Renata/78	Brazil	75.0	10-oct-25	Cape Town-South
52	Carvalho Giulia/99	Brazil	94.0	20-sep-25	Porto Belo-Brazil
57	Kenia Monserrate/91	Ecuador	97.5	07-dic-17	Argentina
63	Bueno Erica/80	Brazil	122.5	15-jun-25	Chemnitz
69	Castellain Ana Rosa /85	Brazil	130.0	23-sep-21	Halmstad
76	Castellain Ana Rosa /85	Brazil	132.5	07-dic-17	Argentina
84	Castellain Ana Rosa /85	Brazil	125.0	16-jun-16	Killen-Usa
84+	Soares Bianca/82	Brazil	116.0	20-sep-25	Porto Belo-Brazil

DAMAS JUNIOR

SQUAT

43	Ayala Triana/06	Peru	102.5	24-ago-25	Costa Rica
47	Malagon Alejandra/94	Colombia	130.0	08-dic-16	Lima-Peru
52	Acevedo Pinto Keren/08	Colombia	135.0	24-ago-25	Costa Rica
57	Saenz Soto Maria/02	Chile	170.0	24-ago-25	Costa Rica
63	Campos Ana/01	Colombia	160.0	17-sep-24	Bs As - Arg
69	Rivas Martina/07	Uruguay	175.0	31-ago-25	Costa Rica
76	Paoli Agustina/05	Argentina	190.0	24-ago-25	Costa Rica
84	Garcia Joselyn/02	Ecuador	182.5	07-sep-22	Cacador-Brasil
84+	Bernadote Maria Vitoria/01	Brasil	215.0	07-sep-22	Cacador-Brasil

BENCH PRESS

43	Ayala Triana/06	Peru	55.0	24-ago-25	Costa Rica
47	Giulia Carvalho/99	Brasil	70.0	31-ago-22	Istambul
52	Gonzalez Kayla/07	Uruguay	87.5	24-ago-25	Costa Rica
57	Gabriela Nicole Galvez/02	Peru	93.5	06-sep-23	Lima-Peru
63	Galvez Gabriela/02	Peru	90.5	20-sep-25	Porto Belo-Brazil
69	Takiy Ayumi/02	Brazil	90.0	20-sep-25	Porto Belo-Brazil
76	Aguinaga Johanna/93	Ecuador	107.5	08-dic-16	Lima-Peru
84	Mendoza Ailen/03	Argentina	86.0	17-sep-24	Bs As - Arg
84+	Bernadote Maria Vitoria/01	Brasil	102.5	01-sep-24	Malta

DEADLIFT

43	Ayala Triana/06	Peru	122.5	24-ago-25	Costa Rica
47	Liset Herrera/03	Peru	150.5	20-sep-25	Porto Belo-Brazil
52	Romero Lady/01	Peru	160.5	17-sep-24	Bs As - Arg
57	Saenz Soto Maria/02	Chile	190.0	24-ago-25	Costa Rica
63	Rocha Inocente Micaela/02	Bolivia	171.5	20-sep-25	Porto Belo-Brazil
69	Takiy Ayumi/02	Brazil	195.0	25-sep-25	Porto Belo-Brazil
76	Javiera Orellana/99	Chile	205.0	07-sep-22	Cacador-Brasil
84	Lopez Claudia/07	Peru	190.0	24-ago-25	Costa Rica
84+	Laca Maite/05	Peru	188.0	20-sep-25	Porto Belo-Brazil

TOTAL

43	Ayala Triana/06	Peru	280.0	24-ago-25	Costa Rica
47	Giulia Carvalho/99	Brasil	347.5	31-ago-22	Istambul
52	Romero Lady/01	Peru	368.5	17-sep-24	Bs As - Arg
57	Saenz Soto Maria/02	Chile	452.5	24-ago-25	Costa Rica
63	Vega Angela/01	Chile	406.5	07-sep-22	Cacador-Brasil
69	Takiy Ayumi/02	Brazil	450.0	25-sep-25	Porto Belo-Brazil
76	Paoli Agustina/05	Argentina	475.0	24-ago-25	Costa Rica
84	Garcia Joselyn/02	Ecuador	447.5	07-sep-22	Cacador-Brasil
84+	Bernadote Maria Vitoria/01	Brasil	495.0	07-sep-22	Cacador-Brasil

BENCH PRESS SINGLE LIFT

43	Ayala Triana/06	Peru	55.0	24-ago-25	Costa Rica
47	Giulia Carvalho/99	Brasil	70.0	31-ago-22	Istambul
52	Gonzalez Kayla/07	Uruguay	87.5	24-ago-25	Costa Rica
57	Gabriela Nicole Galvez/02	Peru	93.5	06-sep-23	Lima-Peru
63	Galvez Gabriela/02	Peru	90.5	20-sep-25	Porto Belo-Brazil
69	Takiy Ayumi/02	Brazil	90.0	20-sep-25	Porto Belo-Brazil
76	Aguinaga Johanna/93	Ecuador	107.5	08-dic-16	Lima-Peru
84	Mendoza Ailen/03	Argentina	86.0	17-sep-24	Bs As - Arg
84+	Bernadote Maria Vitoria/01	Brasil	102.5	01-sep-24	Malta

DAMAS SUBJUNIOR

SQUAT

43	Castillejo Claris/08	Colombia	100.0	17-sep-24	Bs As - Arg
47	Castillejo Claris/08	Colombia	117.5	24-ago-25	Costa Rica
52	Acevedo Pinto Keren/08	Colombia	135.0	24-ago-25	Costa Rica
57	Coloma Naomi/07	Ecuador	140.0	24-ago-25	Costa Rica
63	Figueredo Lara/09	Uruguay	142.5	24-ago-25	Costa Rica
69	Rivas Martina/07	Uruguay	175.0	31-ago-25	Costa Rica
76	Muñoz Barbara/08	Chile	170.0	20-sep-25	Porto Belo-Brazil
84	Lopez Claudia/07	Peru	155.0	24-ago-25	Costa Rica
84+	Picardo Valentina/07	Uruguay	155.0	20-sep-25	Porto Belo-Brazil

BENCH PRESS

43	Bolivar Isabella/07	Colombia	43.0	17-sep-24	Bs As - Arg
47	Olave Vega Sofia/10	Chile	55.0	24-ago-25	Costa Rica
52	Gonzalez Kayla/07	Uruguay	87.5	24-ago-25	Costa Rica
57	Josefa Soto/04	Chile	66.0	07-sep-22	Cacador-Brasil
63	Oviedo Leticia/99	Chile	80.0	07-dic-17	Argentina
69	Gallardo Ema/07	Chile	84.0	17-sep-24	Bs As - Arg
76	Muñoz Barbara/08	Chile	90.0	20-sep-25	Porto Belo-Brazil
84	Lopez Claudia/07	Peru	80.0	24-ago-25	Costa Rica
84+	Picardo Valentina/07	Uruguay	82.5	20-sep-25	Porto Belo-Brazil

DEADLIFT

43	Castillejo Claris/08	Colombia	110.0	17-sep-24	Bs As - Arg
47	Olave Vega Sofia/10	Chile	135.0	24-ago-25	Costa Rica
52	Acevedo Pinto Keren/08	Colombia	150.0	24-ago-25	Costa Rica
57	Coloma Naomi/07	Ecuador	170.0	24-ago-25	Costa Rica
63	Vera Arrano Montserrat/07	Chile	170.0	20-sep-25	Porto Belo-Brazil
69	Rivas Martina/07	Uruguay	180.0	31-ago-25	Costa Rica
76	Muñoz Barbara/08	Chile	180.5	20-sep-25	Porto Belo-Brazil
84	Lopez Claudia/07	Peru	190.0	24-ago-25	Costa Rica
84+	Picardo Valentina/07	Uruguay	155.0	20-sep-25	Porto Belo-Brazil

TOTAL

43	Castillejo Claris/08	Colombia	250.0	17-sep-24	Bs As - Arg
47	Castillejo Claris/08	Colombia	295.0	24-ago-25	Costa Rica
52	Gonzalez Kayla/07	Uruguay	345.0	24-ago-25	Costa Rica
57	Coloma Naomi/07	Ecuador	375.0	24-ago-25	Costa Rica
63	Figueredo Lara/09	Uruguay	377.5	24-ago-25	Costa Rica
69	Rivas Martina/07	Uruguay	437.5	31-ago-25	Costa Rica
76	Muñoz Barbara/08	Chile	440.5	20-sep-25	Porto Belo-Brazil
84	Lopez Claudia/07	Peru	425.0	24-ago-25	Costa Rica
84+	Picardo Valentina/07	Uruguay	392.5	20-sep-25	Porto Belo-Brazil

BENCH PRESS SINGLE LIFT

43	Bolivar Isabella/07	Colombia	43.0	17-sep-24	Bs As - Arg
47	Olave Vega Sofia/10	Chile	55.0	24-ago-25	Costa Rica
52	Gonzalez Kayla/07	Uruguay	87.5	24-ago-25	Costa Rica
57	Josefa Soto/04	Chile	66.0	07-sep-22	Cacador-Brasil
63	Oviedo Leticia/99	Chile	80.0	07-dic-17	Argentina
69	Gallardo Ema/07	Chile	84.0	17-sep-24	Bs As - Arg
76	Muñoz Barbara/08	Chile	90.0	20-sep-25	Porto Belo-Brazil
84	Lopez Claudia/07	Peru	80.0	24-ago-25	Costa Rica
84+	Picardo Valentina/07	Uruguay	82.5	20-sep-25	Porto Belo-Brazil

DAMAS MASTER 1

SQUAT

47	Inamassu Renata/78	Brazil	126.5	10-oct-25	Cape Town-South
52	Carmen Bueno/85	Ecuador	150.0	20-sep-25	Porto Belo-Brazil
57	Alvarez Vanessa/78	Brazil	152.5	17-jun-18	Canada-Calgary
63	Tavares Cicera/76	Brazil	175.0	17-jun-18	Canada-Calgary
69	Tavares Cicera/76	Brazil	190.5	07-sep-22	Cacador-Brasil
76	Zolyome Iolanda/77	Brazil	180.0	07-sep-22	Cacador-Brasil
84	Sandra Teixeira/78	Brazil	163.0	07-sep-22	Cacador-Brasil
84+	Soares Bianca/82	Brazil	228.0	20-sep-25	Porto Belo-Brazil

BENCH PRESS

47	Inamassu Renata/78	Brazil	75.0	10-oct-25	Cape Town-South
52	Carmen Bueno/85	Ecuador	93.5	20-sep-25	Porto Belo-Brazil
57	Morales Vanesa/76	Uruguay	80.0	06-sep-23	Lima-Peru
63	Bueno Erica/80	Brazil	122.5	15-jun-25	Chemnitz
69	Tavares Cicera/76	Brazil	102.5	23-sep-21	Arnold-Brasil
76	Zolyome Iolanda/77	Brazil	117.5	29-abr-22	Arnold-Brasil
84	Sandra Teixeira/78	Brazil	80.0	29-abr-22	Arnold-Brasil
84+	Soares Bianca/82	Brazil	116.0	20-sep-25	Porto Belo-Brazil

DEADLIFT

47	Inamassu Renata/78	Brazil	147.5	10-oct-25	Cape Town-South
52	Carmen Bueno/85	Ecuador	170.0	20-sep-25	Porto Belo-Brazil
57	Alvarez Vanessa/78	Brazil	172.5	17-jun-18	Canada-Calgary
63	Tavares Cicera/76	Brazil	192.5	17-jun-18	Canada-Calgary
69	Tavares Cicera/76	Brazil	220.0	07-sep-22	Cacador-Brasil
76	Zolyome Iolanda/77	Brazil	208.0	07-sep-22	Cacador-Brasil
84	Sandra Teixeira/78	Brazil	196.0	07-sep-22	Cacador-Brasil
84+	Gedeao Bianca/82	Brazil	235.0	17-sep-24	Bs As - Arg

TOTAL

47	Inamassu Renata/78	Brazil	349.0	10-oct-25	Cape Town-South
52	Carmen Bueno/85	Ecuador	413.5	20-sep-25	Porto Belo-Brazil
57	Alvarez Vanessa/78	Brazil	385.0	17-jun-18	Canada-Calgary
63	Tavares Cicera/76	Brazil	462.5	17-jun-18	Canada-Calgary
69	Tavares Cicera/76	Brazil	508.0	07-sep-22	Cacador-Brasil
76	Zolyome Iolanda/77	Brazil	502.5	29-abr-22	Arnold-Brasil
84	Sandra Teixeira/78	Brazil	437.5	29-abr-22	Arnold-Brasil
84+	Soares Bianca/82	Brazil	576.5	20-sep-25	Porto Belo-Brazil

BENCH PRESS SINGLE LIFT

47	Inamassu Renata/78	Brazil	75.0	10-oct-25	Cape Town-South
52	Carmen Bueno/85	Ecuador	93.5	20-sep-25	Porto Belo-Brazil
57	Morales Vanesa/76	Uruguay	80.0	06-sep-23	Lima-Peru
63	Bueno Erica/80	Brazil	122.5	15-jun-25	Chemnitz
69	Tavares Cicera/76	Brazil	102.5	23-sep-21	Arnold-Brasil
76	Zolyome Iolanda/77	Brazil	117.5	22-sep-22	Arnold-Brasil
84	Sandra Teixeira/78	Brazil	80.0	29-abr-22	Arnold-Brasil
84+	Soares Bianca/82	Brazil	116.0	20-sep-25	Porto Belo-Brazil

DAMAS MASTER 2

SQUAT

47	Mina Liliana/70	Peru	87.5	08-dic-21	Guayaquil
52	Souza Maria Luisa/64	Brazil	82.5	20-sep-25	Porto Belo-Brazil
57					
63	Gamez Jenny/72	Ecuador	150.0	07-sep-22	Cacador-Brasil
69	Caorsi Veronica/75	Uruguay	135.0	20-sep-25	Porto Belo-Brazil
76	Maria Elena Del Pilar/70	Peru	145.0	06-sep-23	Lima-Peru
84	Arregues Veronica/73	Argentina	135.0	17-sep-24	Bs As - Arg
84+	Reitmann Judith/68	Uruguay	202.5	07-dic-17	Argentina

BENCH PRESS

47	Mina Liliana/70	Peru	55.0	08-dic-21	Guayaquil
52	Gandara Maria/64	Ecuador	50.0	31-jul-14	Guayaquil
57					
63	Gamez Jenny/72	Ecuador	102.5	07-sep-22	Cacador-Brasil
69	Caorsi Veronica/75	Uruguay	67.5	20-sep-25	Porto Belo-Brazil
76	Couto Ana/66	Brazil	80.0	17-jun-18	Canada-Calgary
84	Rivero Hurtado Desiree/73	Chile	67.5	06-sep-23	Lima-Peru
84+	Reitmann Judith/67	Uruguay	108.5	03-jul-18	Guayaquil

DEADLIFT

47	Mina Liliana/70	Peru	102.5	06-sep-23	Lima-Peru
52	Mariela Navarrete/72	Peru	130.5	06-sep-23	Lima-Peru
57					
63	Seas Marin Ferminia/71	Bolivia	170.0	06-sep-23	Lima-Peru
69	Caorsi Veronica/75	Uruguay	145.0	20-sep-25	Porto Belo-Brazil
76	Maria Elena Del Pilar/70	Peru	175.0	06-sep-23	Lima-Peru
84	Arregues Veronica/73	Argentina	165.0	17-sep-24	Bs As - Arg
84+	Reitmann Judith/67	Uruguay	188.0	07-dic-17	Argentina

TOTAL

47	Mina Liliana/70	Peru	242.5	08-dic-21	Guayaquil
52	Mariela Navarrete/72	Peru	255.5	06-sep-23	Lima-Peru
57					
63	Gamez Jenny/72	Ecuador	387.5	07-sep-22	Cacador-Brasil
69	Caorsi Veronica/75	Uruguay	347.5	20-sep-25	Porto Belo-Brazil
76	Maria Elena Del Pilar/70	Peru	397.5	06-sep-23	Lima-Peru
84	Arregues Veronica/73	Argentina	360.0	17-sep-24	Bs As - Arg
84+	Reitmann Judith/67	Uruguay	498.5	07-dic-17	Argentina

BENCH PRESS SINGLE LIFT

47	Mina Liliana/70	Peru	55.0	08-dic-21	Guayaquil
52	Gandara Maria/64	Ecuador	50.0	31-jul-14	Guayaquil
57					
63	Gamez Jenny/72	Ecuador	135.0	07-sep-22	Cacador-Brasil
69	Caorsi Veronica/75	Uruguay	67.5	20-sep-25	Porto Belo-Brazil
76	Couto Ana/66	Brazil	80.0	17-jun-18	Canada-Calgary
84	Rivero Hurtado Desiree/73	Chile	67.5	06-sep-23	Lima-Peru
84+	Reitmann Judith/67	Uruguay	112.5	14-abr-23	Arnold-Brasil

DAMAS MASTER 3**SQUAT**

47						
52	Souza Maria Luisa/64	Brazil	98.0	20-sep-25	Porto Belo-Brazil	
57						
63	Testoni Angela/64	Brazil	95.0	20-sep-25	Porto Belo-Brazil	
69						
76	Martins Marilene/55	Brazil	115.5	08-dic-16	Lima-Peru	
84						
84+	Fuentes Arredondo Monica/64	Chile	95.0	20-sep-25	Porto Belo-Brazil	

BENCH PRESS

47					
52	Souza Maria Luisa/64	Brazil	47.5	20-sep-25	Porto Belo-Brazil
57					
63	Testoni Angela/64	Brazil	50.0	20-sep-25	Porto Belo-Brazil
69					
76	Rodriguez Susana/55	Uruguay	60.0	16-sep-15	Ribeirao Preto
84					
84+	Fuentes Arredondo Monica/64	Chile	60.0	20-sep-25	Porto Belo-Brazil

DEADLIFT

47					
52	Souza Maria Luisa/64	Brazil	108.0	20-sep-25	Porto Belo-Brazil
57					
63	Testoni Angela/64	Brazil	145.0	20-sep-25	Porto Belo-Brazil
69					
76	Rodriguez Susana/55	Uruguay	140.0	16-sep-15	Ribeirao Preto
84					
84+	Fuentes Arredondo Monica/64	Chile	127.0	20-sep-25	Porto Belo-Brazil

TOTAL

47					
52	Souza Maria Luisa/64	Brazil	253.5	20-sep-25	Porto Belo-Brazil
57					
63	Testoni Angela/64	Brazil	290.0	20-sep-25	Porto Belo-Brazil
69					
76	Rodriguez Susana/55	Uruguay	315.0	16-sep-15	Ribeirao Preto
84					
84+	Fuentes Arredondo Monica/64	Chile	282.0	20-sep-25	Porto Belo-Brazil

BENCH PRESS SINGLE LIFT

47					
52	Souza Maria Luisa/64	Brazil	47.5	20-sep-25	Porto Belo-Brazil
57					
63	Testoni Angela/64	Brazil	50.0	20-sep-25	Porto Belo-Brazil
69					
76	Rodriguez Susana/55	Uruguay	60.0	16-sep-15	Ribeirao Preto
84					
84+	Fuentes Arredondo Monica/64	Chile	60.0	20-sep-25	Porto Belo-Brazil

DAMAS MASTER 4

SQUAT

47

52

57

63

69

76 Wamba Graciela/53 Argentina 55.0 17-sep-24 Bs As - Arg

84

84+

BENCH PRESS

47

52

57

63

69

76 Wamba Graciela/53 Argentina 45.0 17-sep-24 Bs As - Arg

84

84+

DEADLIFT

47

52

57

63

69

76 Wamba Graciela/53 Argentina 105.0 17-sep-24 Bs As - Arg

84

84+

TOTAL

47

52

57

63

69

76 Wamba Graciela/53 Argentina 205.0 17-sep-24 Bs As - Arg

84

84+

BENCH PRESS SINGLE LIFT

47

52

57

63

69

76 Wamba Graciela/53 Argentina 45.0 17-sep-24 Bs As - Arg

84

84+