

CAMPEONATO Nacional de Powerlifting 2011

Fecha 4 de Junio

Div	APPELLIDO Y NOMBRE			Gimnasio	PESO weighth	SQUATS			BENCH PRESS			DEADLIFT			TOTAL	TOTAL COEF.
	LIFTER 'S	NAMES	Asoc			1°	2°	3°	1°	2°	3°	1°	2°	3°		
	47 kg															
Open	Vallinoto	Diana/86	Abp	CUBB	44,6	-105,0	105,0	-110,0	45,0	50,0	52,5	100,0	110,0	115,0	272,5	380,22
	57 kg															
M1	Zeballos	Ines	Acolpe	Soria	56,2	100,0	110,0	120,0	70,0	75,0	80,0	120,0	140,0	150,0	350,0	410,66
Jun	VACCARO,	Gabriela /88	Ascolpo	C.R.C.	54,5	-110,0	-120,0	-120,0	-62,5			100,0			Desc	
	84 kg															
Open	HERNANDEZ	ALICIA/76	Alelpo	2T GYM	78,1	-170,0	170,0	-190,0	105,0	116,0	-120,0	140,0	155,0	162,5	448,5	416,03
Jun	Pong,	Claudia/89	Abp	CUBB	80,0	-135,0	135,0	140,0	60,0	65,0	67,5	140,0	155,0	-157,5	362,5	331,69
Jun	Torres,	Flavia/89	Amelpo	Toro Comp	78,8	90,0	100,0	110,0	35,0	42,5	47,5	100,0	110,0	120,0	277,5	256,10

Mejor Atleta Damas		
Open	HERNANDEZ ALICIA/76	416,03
Open	Vallinoto Diana/86	380,22
Jun	Pong, Claudia/89	331,69
Jun	Torres, Flavia/89	256,10
M1	Zeballos Ines	410,66

Equipos por Asociacion			Equipos por Gimnasio		
1°	Abp	24,0	1°	CUBB	24,0
2°	Alelpo	12,0	2°	2 T Gim	12,0
3°	Acolpe	12,0	3°	Soria	12,0
4°	Amelpo	9,0	4°	Toro Comp	9,0
5°	Ascolpo	0,0	5°	C.R.C.	0,0

Caballeros														Fecha 4 de Mayo		
Div	APELLIDO Y NOMBRE		Nacion	PESO	SQUATS			BENCH PRESS			DEADLIFT			TOTAL	TOTAL COEF.	
	LIFTER	S NAMES	Nacion		Gimnasio	weighth	1°	2°	3°	1°	2°	3°	1°			2°
59 kg																
Jun	Anfora	Rodrigo A/88	Amelpo	Estilo gym	58,9	125,0	-135,0	140,0	100,0	-111,0	-111,0	185,0	195,0	-202,5	435,0	377,36
Jun	BENTANCUR,	ADRIANO/91	Amelpo	VULCANO	59,0	80,0	95,0	-100,0	70,0	80,0	-85,0	135,0	145,0	150,0	325,0	281,52
M3	Sardinez	Oscar/42	Asalp	Grecos	54,7	-140,0	140,0	-150,0	30,0			150,0	-160,0	-165,0	320,0	298,14
66 kg																
Open	Villagra	Sebastian/86	Ascolpo	Ultra Gim	65,0	-260,0	-260,0	260,0	-160,0	160,0	180,0	-222,5	222,5	232,5	672,5	534,77
Open	Pascual	Ricardo/73	Abp	CUBB	61,0	-155,0	155,0	-160,0	130,0	-140,0	140,0	190,0	200,0	-210,0	495,0	415,90
Open	MATTOS	MARTIN/80	Alelpo	M.E.F	65,2	-170,0	-170,0	170,0	95,0	-105,0	-105,0	160,0	175,0	-182,5	440,0	349,01
M1	Inguanti	Jose/63	Amelpo	Dimaro	64,3	170,0	-180,0		150,0	160,0		150,0			480,0	385,20
M2	Jimenez	Pablino/60	Ascolpo	C.R.C.	63,2	170,0	180,0		95,0	102,5	107,5	150,0	170,0	180,0	467,5	380,73
M4	MATA,	JOSE/41	Amelpo	VULCANO	64,2	-130,0	130,0		75,0	85,0		140,0	150,0	160,0	375,0	301,31
74 kg																
Open	Oros	Omar/87	Acolpe	Soria	73,4	245,0	260,0	-267,5	170,0	-177,5	177,5	220,0	240,0	-252,5	677,5	490,17
Open	Ariel	Arias	Asalp	Grecos	72,0	190,0	200,0	210,0	152,5	160,0	-170,5	220,0	230,0		600,0	440,22
Open	Cristian	linares	AMELPO	Estilo gym	70,6	90,0	115,0	-125,0	80,0	90,0	-95,0	150,0	-180,0	-180,0	355,0	264,30
Jun	Jimenez	Diego/89	Apolofirg	El Solar	72,9	245,0	257,5	265,0	160,0	170,0	175,0	235,0	-245,0	247,5	687,5	499,88
Jun	GALLARDO	AGUSTIN/90	Alelpo	M.E.F	73,2	240,0	-255,0	-265,0	-140,0	140,0	-162,5	220,0	240,0	-247,5	620,0	449,44
Jun	Santiago	minciaca	Acolpe	Soria	73,0	180,0	-200,0	-200,0	115,0	120,0	127,5	190,0	210,0	-220,0	517,5	375,91
Sub	BENTANCUR,	ALEJANDRO/93	Amelpo	VULCANO	70,2	100,0	120,0	-140,0	90,0	-102,5	-102,5	155,0	175,0	186,0	396,0	296,13
M1	Rivera	Pablo/71	Abp	Gym Serena	77,5	165,0	175,0	-182,5	115,0	120,0	130,0	195,0	210,0	225,0	530,0	369,36
M2	Villagra	Carlos/53	Amelpo	Estilo Gym	71,1	80,0	-95,0	-95,0	60,0	-65,0	65,0	115,0	-130,0	-130,0	260,0	192,56
M3	Hernandez	Oscar/46	ABP	C.U.B.B.	72,7	-160,0	170,0	-180,0	85,0	87,5	92,5	200,0	220,0	232,5	495,0	360,61
83 kg																
Open	Marroquin	Mauricio/75	Apolofirg	El Solar	82,4	265,0	277,5	-282,5	230,0	-240,0	240,0	282,5	295,0	-302,5	812,5	544,70
Open	FLORES	MATIAS/85	Alelpo	M.E.F	83,0	275,0	285,0	-300,0	160,0	172,5	180,0	240,0	260,0	-270,0	725,0	483,94
Open	Nazart	David/84	Amelpo	2t gym	92,0	-180,0	180,0	-190,0	120,0	130,0	-135,0	192,5	210,0	220,0	530,0	334,70
Open	Mariano	martin	Acolpe	Soria	82,0	160,0	-175,0	-185,0	112,5	120,0	130,0	200,0	215,0	-230,0	505,0	339,56
Jun	MIRANDA	NICOLAS/91	Alelpo	M.E.F	81,3	-250,0	-260,0	260,0	135,0	150,0	-155,0	260,0	282,5	287,5	697,5	471,44
Jun	DUARTE,	Sebastian/90	Ascolpo	Fitness 20	75,1	130,0	-160,0	-165,0	85,0	-92,5	92,5	150,0	175,0	195,0	417,5	297,22
M1	Palomas	Miguel/	Asalp	Grecos	80,4	210,0	-220,0	225,0	145,0	155,0	-160,0	220,0	230,0	-240,0	610,0	415,17
93 kg																
Open	Cabezas	Marcos/78	Apolofirg	Ushuaia Gy	83,3	-240,0	240,0	-250,0	150,0	160,0	-170,0	225,0	-240,0	240,0	640,0	426,30
Jun	GOMEZ	LEANDRO/90	Alelpo	M.E.F	83,2	200,0	-220,0	220,0	135,0	145,0	-152,5	200,0	210,0	-220,0	575,0	383,24
M1	CASTAÑO	CESAR/64	Alelpo	M.E.F	91,3	220,0	-240,0	-240,0	90,0	-100,0		230,0	252,5	255,0	565,0	358,10
M1	Pardo	Favio	Apoba	BS AS Form	89,0	-175,0	-175,0	-175,0	-100,0			100,0			Desc	
Open	Martinez	Marcos/75	Apolofirg	CRD	91,4	-310,0	-310,0	310,0	-192,5	-195,0	-195,0	305,0	-317,5	-320,0	Desc	
105 kg																
Open	Lucero	Martin/78	Apolofirg	CRD	100,7	300,0	320,0	-330,0	220,0	-230,0	230,0	300,0	315,0	325,0	875,0	531,04
Jun	Soria	facundo/91	Acolpe	Soria	104,2	-250,0	260,0	270,5	200,0	207,5	-215,0	245,0	260,0	-270,5	738,0	442,21
M1	BARRIONUEVO,	ENRIQUE/68	Amelpo	VULCANO	101,6	215,0	235,0	-250,0	160,0	-175,0	175,0	200,0	220,0	-240,0	630,0	381,02
M2	GIACOBONE	DANIEL	Amelpo	Toro Comp.	100,9	210,0	220,0	-235,0	-150,0	-150,0	-150,0	200,0	220,0	235,0	Desc	

120 kg

Open	Maidana claudio	Acolpe	Soria	114,0	280,0	300,0	-310,0	180,0	190,0	195,0	240,0	260,0	-270,0	755,0	439,71
Jun	Toledo Isaias/88	Apoba	Abirato	107,1	140,0	-150,0	150,0	120,0	-130,0	130,0	160,0	170,0	180,0	460,0	273,01
M1	GOMEZ, Horacio/63	Ascolpo	C.R.C.	112,0	300,0	315,0	-325,0	150,0	180,0	-190,0	250,0	265,0	275,0	770,0	450,68
M2	Alessio Roberto/58	Amelpo	Toro Comp.	105,2	-250,0	-250,0	-260,0	-150,0			220,0	250,0	-270,0	Desc	
M2	PELOZO JUAN DOMINGO/54	Apoba	AB-IRATO	105,2	-125,0	-125,0	-130,0	-115,0	115,0	-125,0	135,0	150,0	160,0	Desc	

Mejor Atleta Caballeros		
Open	Marroquin Mauricio/75	544,7
Open	Villagra Sebastian/86	534,7
Open	Lucero Martin/78	531,0
Jun	Jimenez Diego/89	499,9
Jun	MIRANDA NICOLAS/91	471,4
Jun	Soria facundo/91	442,2
Sub	BENTANCUR, ALEJANDRO/93	296,1
M1	GOMEZ, Horacio/63	450,7
M1	Palomas Miguel/	415,2
M1	Inguanti Jose/63	385,2
M2	Gimenez Pablino/60	380,7
M2	Villagra Carlos	192,6
M3	Hernandez Oscar/46	360,6
M3	Sardinez Oscar/42	298,1
M4	MATA, JOSE/41	301,3

Equipos por Asociacion		
1°	Amelpo	84,0
2°	Alelpo	62,0
3°	Acolpe	50,0
4°	Apolofirg	48,0
5°	Ascolpo	45,0
6°	ABP	33,0
7°	Asalp	33,0

Equipos por Gimnasio		
1	M.E.F	50,0
2	Soria	50,0
3	VULCANO	45,0
4	Grecos	33,0
5	Estilo Gym	32,0
6	El Solar	24,0
7	C.R.C.	24,0
8	CUBB	21,0
9	CRD	12,0
10	Ultra Gym	12,0
11	Dimaro	12,0
12	Gym Serena	12,0
13	Ushuaia Gym	12,0
14	Fitness 2000	12,0
15	Abirato	9,0
16	2t gym	7,0