

RECORDS METROPOLITANOS CLASSIC - Septiembre 2025

CABALLEROS OPEN

SENTADILLA

59,0	Valentín López	Kratos Box	170,0	Nacional Bs As - 03/11/2023
66,0	Jonathan Barros	PRG	240,0	Nacional Bs As - 03/11/2023
74,0	Franco Olguin	Kratos Box	242,5	Nacional San Luis - 03/07/2025
83,0	Lucas Lantella	Pitbull barbell club	265,0	Apertura AMeLPo - 06/05/2023
93,0	Adrián Rivadera	SiS Barbell	285,0	Mundial Costa Rica - 02/09/2025
105,0	Lautaro Antonuccio	SiS Barbell	302,5	Mundial Costa Rica - 02/09/2025
120,0	Franco Pelegrino	Toro competición	290,0	Metropolitano 02/11/2024
120+	Franco Leo	Toro Competición	387,5	Sudamericano Brasil - 26/09/2025

FUERZA EN BANCO

59,0	Tobias Monchovi	KST	110,0	Sudamericano Brasil - 21/09/2025
66,0	Jonathan Barros	PRG	127,5	Nacional Bs As - 03/11/2023
74,0	Tomás Otero	SiS Barbell	167,5	Nacional San Luis - 03/07/2025
83,0	Francisco López	SiS Barbell	157,5	Mundial Costa Rica - 02/09/2025
93,0	Adrián Rivadera	SiS Barbell	175,0	Mundial Costa Rica - 02/09/2025
105,0	Luciano Cassará	PRG	187,5	Nacional Corrientes - 06/07/2024
120,0	Fabrizio Mora	S&C Coaches	185,0	Nacional Corrientes - 06/07/2024
120+	Franco Leo	Toro Competición	233,0	Metropolitano 02/11/2024

DESPEGUE

59,0	Adriel Cardozo	Kloster's Gym	212,5	Sudamericano Arg- 20/09/2024
66,0	Jonathan Barros	PRG	265,0	Nacional Bs As - 03/11/2023
74,0	Tomás Otero	SiS Barbell	265,0	Nacional San Luis - 03/07/2025
83,0	Nahuel Terzano	PRG	290,0	Nacional San Luis - 03/07/2025
93,0	Adrián Rivadera	SiS Barbell	320,0	Mundial Costa Rica - 02/09/2025
105,0	Lautaro Antonuccio	SiS Barbell	317,5	Nacional San Luis - 05/07/2025
120,0	Franco Pelegrino	Toro competición	315,0	Metropolitano 02/11/2024
120+	Franco Leo	Toro competición	355,0	Metropolitano 02/11/2024

TOTAL

59,0	Adriel Cardozo	Kloster's Gym	490,0	Sudamericano Arg- 20/09/2024
66,0	Jonathan Barros	PRG	625,0	Nacional Bs As - 03/11/2023
74,0	Tomás Otero	SiS Barbell	672,5	Nacional San Luis - 03/07/2025
83,0	Nahuel Terzano	PRG	690,0	Nacional San Luis - 03/07/2025
93,0	Adrián Rivadera	SiS Barbell	780,0	Mundial Costa Rica - 02/09/2025
105,0	Lautaro Antonuccio	SiS Barbell	777,5	Nacional San Luis - 05/07/2025
120,0	Fabrizio Mora	S&C Coaches	900,0	Nacional Corrientes - 06/07/2024
120+	Franco Leo	Toro Competición	963,0	Metropolitano 02/11/2024

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59,0	Adriel Cardozo	Kloster's Gym	107,5	Sudamericano Arg- 20/09/2024
66,0	Jonathan Barros	PRG	127,5	Nacional Bs As - 03/11/2023
74,0	Augusto Rodríguez	New Force	142,5	Nacional Bs As - 04/11/2023
83,0	Mateo Fileni	The Force	170,0	Nacional San Luis - 05/07/2025
93,0	Adrián Rivadera	SiS Barbell	175,0	Mundial Costa Rica - 02/09/2025
105,0	Luciano Cassará	PRG	187,5	Nacional Corrientes - 06/07/2024
120,0	Fabrizio Mora	S&C Coaches	185,0	Nacional Corrientes - 06/07/2024
120+	Franco Leo	Toro Competición	233,0	Metropolitano 02/11/2024

CABALLEROS JUNIOR**SENTADILLA**

53	Ben Leanza	Panther TC	145,0	Sudamericano Brasil - 20/09/2025
59	Valentín López	Kratos Box	192,5	Nacional Corrientes - 05/07/2024
66	Valentín López	SiS Barbell	210,0	Sudamericano Arg- 20/09/2024
74	Giovanny Benitez	Gimnasio intensidad	205,0	Metropolitano 02/11/2024
83	Lucas Lantella	Pitbull barbell club	265,0	Apertura AMeLPo - 06/05/2023
93	Adrián Rivadera	SiS Barbell	285,0	Mundial Costa Rica - 02/09/2025
105	Lautaro Antonuccio	SiS Barbell	302,5	Mundial Costa Rica - 02/09/2025
120	Diego El Hilón	Toro Competición	245,0	Nacional San Luis - 03/07/2025
120+	Ramiro Martins	Gimnasio intensidad	230,0	Nacional Bs As - 05/11/2023

FUERZA EN BANCO

53	Ben Leanza	Panther TC	82,5	Sudamericano Brasil - 20/09/2025
59	Valentín López	Kratos Box	120,0	Nacional Corrientes - 05/07/2024
66	Ibrahim Agüero	SiS Barbell	125,0	Nacional San Luis - 03/07/2025
74	Giovanny Benitez	Gimnasio intensidad	125,0	Nacional San Luis - 03/07/2025
83	Francisco López	SiS Barbell	157,5	Mundial Costa Rica - 02/09/2025
93	Adrián Rivadera	SiS Barbell	175,0	Mundial Costa Rica - 02/09/2025
105	Diego El Hilón	Toro Competición	175,0	Nacional San Luis - 05/07/2025
120	Adriel Ortiz	Dynamic Powerlifting	145,5	Metropolitano 02/11/2024
120+	Ramiro Martins	Gimnasio intensidad	158,0	Nacional Bs As - 05/11/2023

DESPEGUE

53	Ben Leanza	Panther TC	140,0	Sudamericano Brasil - 20/09/2025
59	Valentín López	Kratos Box	207,5	Nacional Corrientes - 05/07/2024
66	Ibrahim Agüero	SiS Barbell	217,5	Nacional San Luis - 03/07/2025
74	Giovanny Benitez	Gimnasio intensidad	250,0	Nacional San Luis - 03/07/2025
83	Valentín Arriaga	PRG	284,0	Nacional Corrientes - 05/07/2024
93	Julia Cuadrado	SiS Barbell	167,5	Nacional San Luis - 03/07/2025
105	Lautaro Antonuccio	SiS Barbell	317,5	Nacional San Luis - 05/07/2025
120	Diego El Hilón	Toro Competición	270,0	Sudamericano Arg- 20/09/2024
120+	Ramiro Martins	Gimnasio intensidad	250,0	Nacional Bs As - 05/11/2023

TOTAL

53	Ben Leanza	Panther TC	367,5	Sudamericano Brasil - 20/09/2025
59	Valentín López	Kratos Box	520,0	Nacional Corrientes - 05/07/2024
66	Ibrahim Agüero	SiS Barbell	535,0	Nacional San Luis - 03/07/2025
74	Giovanny Benitez	Gimnasio Intensidad	580,0	Nacional San Luis - 03/07/2025
83	Valentín Arriaga	PRG	674,0	Nacional Corrientes - 05/07/2024
93	Adrián Rivadera	SiS Barbell	780,0	Mundial Costa Rica - 02/09/2025
105	Lautaro Antonuccio	SiS Barbell	777,5	Nacional San Luis - 05/07/2025
120	Diego El Hilón	Toro Competición	660,0	Sudamericano Arg- 20/09/2024
120+	Ramiro Martins	Gimnasio intensidad	638,0	Nacional Bs As - 05/11/2023

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

53	Ben Leanza	Panther TC	82,5	Sudamericano Brasil - 20/09/2025
59	Valentín López	Kratos Box	120,0	Nacional Corrientes - 05/07/2024
66	Valentín López	Kratos Box	120,0	Sudamericano Arg- 20/09/2024
74	Giovanny Benitez	Gimnasio intensidad	125,0	Nacional San Luis - 03/07/2025
83	Valentín Arriaga	PRG	145,0	Nacional Corrientes - 05/07/2024
93	Adrián Rivadera	SiS Barbell	175,0	Mundial Costa Rica - 02/09/2025
105	Diego El Hilón	Toro Competición	175,0	Nacional San Luis - 05/07/2025
120	Adriel Ortiz	Dynamic Powerlifting	145,5	Metropolitano 02/11/2024
120+	Ramiro Martins	Gimnasio intensidad	158,0	Nacional Bs As - 05/11/2023

CABALLEROS SUBJUNIOR**SENTADILLA**

53				
59	Valentín López	Kratos Box	170,0	Metropolitano AMeLPo - 05/08/2023
66	Santiago Fernández	S&C Coaches	135,0	Metropolitano AMeLPo - 05/08/2023
74	Juan Viegas	Athlon Power Coache	192,5	Nacional San Luis - 03/07/2025
83	Juan Pedro Richard	Toro Competición	220,0	Nacional San Luis - 04/07/2025
93	Kevin Montoya	Kloster's Gym	210,0	Metropolitano 02/11/2024
105	Máximo Maritano	Toro Competición	245,0	Sudamericano Arg- 22/09/2024
120	Joaquin Diaz	Gimnasio Intensidad	160,0	Apertura AMeLPo - 06/05/2023
120+	Ramiro Martins	Gimnasio intensidad	230,0	Nacional Bs As - 05/11/2023

FUERZA EN BANCO

53				
59	Valentín López	Kratos Box	92,5	Nacional Bs As - 03/11/2023
66	Agustín Coronel	Kloster's Gym	80,0	Nacional Corrientes - 04/07/2024
74	Álvaro Ruíz	Toro competicion	140,5	Nacional San Luis - 03/07/2025
83	Liam Alfonzo	Raido team	140,0	Nacional Bs As - 05/11/2023
93	Máximo Rodríguez	Toro Competición	140,5	Nacional San Luis - 05/07/2025
105	Máximo Maritano	Toro Competición	135,0	Nacional Corrientes - 05/07/2024
120	Mateo De La Vega	Dynamic Powerlifting	110,0	Metropolitano 02/11/2024
120+	Ramiro Martins	Gimnasio intensidad	158,0	Nacional Bs As - 05/11/2023

DESPEGUE

53				
59	Valentín López	Kratos Box	115,0	Nacional Bs As - 03/11/2023
66	Joaquin Oroño	Pitbull barbell club	175,0	Clasificatorio AMeLPo - 05/08/2023
74	Juan Viegas	Athlon Power Coache	231,0	Nacional San Luis - 03/07/2025
83	Maximo Maritano	Toro Competición	265,0	Sudamericano Arg- 22/09/2024
93	Kevin Montoya	Kloster's Gym	250,0	Metropolitano 02/11/2024
105	Máximo Maritano	Toro Competición	275,0	Nacional Corrientes - 05/07/2024
120	Mateo De La Vega	Dynamic Powerlifting	205,0	Metropolitano 02/11/2024
120+	Ramiro Martins	Gimnasio intensidad	250,0	Nacional Bs As - 05/11/2023

TOTAL

53				
59	Valentín López	Kratos Box	447,5	Nacional Bs As - 03/11/2023
66	Agustín Gatica	Pele Team	377,5	Nacional Bs As - 03/11/2023
74	Juan Viegas	Athlon Power Coache	533,5	Nacional San Luis - 03/07/2025
83	Tobias Caltabiano	Pitbull barbell club	572,5	Apertura AMeLPo - 06/05/2023
93	Máximo Rodríguez	Toro Competición	571,0	Nacional San Luis - 05/07/2025
105	Máximo Maritano	Toro Competición	650,0	Nacional Corrientes - 05/07/2024
120	Joaquin Diaz	Gimnasio Intensidad	465,0	Apertura AMeLPo - 06/05/2023
120+	Ramiro Martins	Gimnasio intensidad	638,0	Nacional Bs As - 05/11/2023

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

53				
59	Valentín López	Kratos Box	92,5	Nacional Bs As - 03/11/2023
66	Agustín Coronel	Kloster's Gym	80,0	Clasificatorio AMeLPo - 24/06/2023
74	Álvaro Ruíz	Toro competicion	140,5	Nacional San Luis - 03/07/2025
83	Tobias Caltabiano	Pitbull barbell club	112,5	Apertura AMeLPo - 06/05/2023
93	Máximo Rodríguez	Toro Competición	140,5	Nacional San Luis - 05/07/2025
105	Diego Carrizo	Powerlifting Team	182,5	Metropolitano AMeLPo - 06/08/2023
120	Joaquin Diaz	Gimnasio Intensidad	105,0	Apertura AMeLPo - 06/05/2023
120+	Ramiro Martins	Gimnasio intensidad	150,0	Apertura AMeLPo - 06/05/2023

CABALLEROS MASTER 1**SENTADILLA**

59				
66	Bruno Sofiatto	Toro Competición	167,5	Nacional San Luis - 03/07/2025
74	Luis Virgini	Quiron Fuerza	202,5	Sudamericano Perú - 07/09/2023
83	Marcelo Mendoza	Powerlifting Team	200,0	Nacional Bs As - 04/11/2023
93	Nicolás Vázquez	Toro Competicion	225,0	Nacional San Luis - 05/07/2025
105	Pablo Gómez	Iron world	265,0	Nacional Bs As - 05/11/2023
120				
120+	Miguel Fasano	Toro competicion	200,0	Sudamericano Arg- 22/09/2024

FUERZA EN BANCO

59				
66	José Inguanti	Dimaro	117,5	Sudamericano Perú - 07/09/2023
74	Luis Virgini	Quiron Fuerza	62,5	Nacional San Luis - 02/07/2025
83	Marcelo Mendoza	Powerlifting Team	152,5	Sudamericano Perú - 08/09/2023
93	Nicolás Vázquez	Toro Competición	170,0	Nacional Corrientes - 05/07/2024
105	Pablo Gómez	Iron world	167,5	Nacional Bs As - 05/11/2023
120				
120+	Miguel Fasano	Toro competicion	140,0	Nacional Corrientes - 06/07/2024

DESPEGUE

59				
66	Bruno Sofiatto	Toro Competición	180,0	Nacional San Luis - 03/07/2025
74	Luis Virgini	Quiron Fuerza	130,5	Nacional San Luis - 02/07/2025
83	Guillermo Lucero	La cueva del Vikingo	240,0	Nacional Bs As - 04/11/2023
93	Diego Chiavaza	Dimaro	225,0	Nacional Bs As - 05/11/2023
105	Pablo Gómez	Iron world	277,5	Nacional Bs As - 05/11/2023
120				
120+	Miguel Fasano	Toro competicion	250,0	Sudamericano Arg- 22/09/2024

TOTAL

59				
66	Bruno Sofiatto	Toro Competición	457,5	Nacional San Luis - 03/07/2025
74	Luis Virgini	Quiron Fuerza	293,0	Nacional San Luis - 02/07/2025
83	Marcelo Mendoza	Powerlifting Team	567,5	Sudamericano Perú - 08/09/2023
93	Nicolás Vázquez	Toro Competicion	605,0	Nacional San Luis - 05/07/2025
105	Pablo Gómez	Iron world	707,5	Nacional Bs As - 05/11/2023
120				
120+	Miguel Fasano	Toro competicion	597,5	Sudamericano Arg- 22/09/2024

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59				
66	José Inguanti	Dimaro	117,5	Sudamericano Perú - 07/09/2023
74	Julio Benítez	Gimnasio Intensidad	60,0	Nacional San Luis - 02/07/2025
83	Patricio Vazquez	Toro Competición	165,0	Nacional Bs As - 03/11/2023
93	Rubén Grañas	Powerlifting Team	140,0	Nacional Bs As - 03/11/2023
105	Diego Carrizo	Powerlifting Team	180,0	Metropolitano AMeLPo - 06/08/2023
120	Diego Carrizo	Powerlifting Team	180,0	Nacional Bs As - 05/11/2023
120+	Miguel Fasano	Toro competicion	147,5	Sudamericano Arg- 22/09/2024

CABALLEROS MASTER 2**SENTADILLA**

59				
66	José Inguanti	Dimaro	155,0	Sudamericano Perú - 07/09/2023
74				
83	Hugo Agostino	Toro competicion	200,0	Nacional Bs As - 04/11/2023
93	Oscar Aristi	Toro competicion	202,5	Nacional Corrientes - 05/07/2024
105	Daniel Guidi	Iron world	160,0	Metropolitano 02/11/2024
120				
120+	Miguel Fasano	Toro competicion	202,5	Nacional San Luis - 06/07/2025

FUERZA EN BANCO

59				
66	José Inguanti	Dimaro	117,5	Sudamericano Perú - 07/09/2023
74				
83	Hugo Agostino	Toro competicion	130,0	Nacional Bs As - 04/11/2023
93	Oscar Aristi	Toro competicion	132,5	Nacional Bs As - 05/11/2023
105	Daniel Guidi	Iron world	117,5	Metropolitano 02/11/2024
120				
120+	Miguel Fasano	Toro competicion	152,5	Nacional San Luis - 06/07/2025

DESPEGUE

59				
66	José Inguanti	Dimaro	170,0	Sudamericano Perú - 07/09/2023
74				
83	Hugo Agostino	Toro competicion	220,0	Sudamericano Arg- 20/09/2024
93	Oscar Aristi	Toro competicion	207,5	Nacional Corrientes - 05/07/2024
105	Daniel Guidi	Iron world	230,0	Metropolitano 02/11/2024
120				
120+	Miguel Fasano	Toro competicion	252,5	Nacional San Luis - 06/07/2025

TOTAL

59				
66	José Inguanti	Dimaro	442,5	Sudamericano Perú - 07/09/2023
74				
83	Hugo Agostino	Toro competicion	545,0	Nacional Bs As - 04/11/2023
93	Oscar Aristi	Toro competicion	537,5	Nacional Corrientes - 05/07/2024
105	Daniel Guidi	Iron world	507,5	Metropolitano 02/11/2024
120				
120+	Miguel Fasano	Toro competicion	607,5	Nacional San Luis - 06/07/2025

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59				
66	José Inguanti	Dimaro	117,5	Sudamericano Perú - 07/09/2023
74	Julio Benítez	Gimnasio Intensidad	90,0	Apertura AMeLPo - 06/05/2023
83	Hugo Agostino	Toro competicion	130,0	Nacional Bs As - 04/11/2023
93	Rubén Grañas	Powerlifting Team	140,0	Nacional Bs As - 05/11/2023
105	Daniel Guidi	Iron world	117,5	Metropolitano 02/11/2024
120	Roman Visca	Iron World	125,0	Apertura AMeLPo - 06/05/2023
120+	Miguel Fasano	Toro competicion	152,5	Nacional San Luis - 06/07/2025

CABALLEROS MASTER 3

SENTADILLA

59				
66	José Inguanti	Dimaro	155,0	Sudamericano Perú - 07/09/2023
74				
83	Hugo Agostino	Toro competicion	200,0	Sudamericano Arg- 20/09/2024
93	Hugo Agostino	Toro competicion	165,0	Nacional San Luis - 05/07/2025
105				
120				
120+				

FUERZA EN BANCO

59				
66	José Inguanti	Dimaro	117,5	Sudamericano Perú - 07/09/2023
74				
83	Hugo Agostino	Toro competicion	115,0	Sudamericano Arg- 20/09/2024
93	Hugo Agostino	Toro competicion	130,0	Nacional San Luis - 05/07/2025
105				
120				
120+				

DESPEGUE

59				
66	José Inguanti	Dimaro	170,0	Sudamericano Perú - 07/09/2023
74				
83	Hugo Agostino	Toro competicion	220,0	Sudamericano Arg- 20/09/2024
93	Hugo Agostino	Toro competicion	190,0	Nacional San Luis - 05/07/2025
105				
120				
120+				

TOTAL

59				
66	José Inguanti	Dimaro	442,5	Sudamericano Perú - 07/09/2023
74				
83	Hugo Agostino	Toro competicion	535,0	Sudamericano Arg- 20/09/2024
93	Hugo Agostino	Toro competicion	485,0	Nacional San Luis - 05/07/2025
105				
120				
120+				

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59				
66	José Inguanti	Dimaro	117,5	Sudamericano Perú - 07/09/2023
74				
83	Hugo Agostino	Toro competicion	122,5	Metropolitano 02/11/2024
93	Hugo Agostino	Toro competicion	130,0	Nacional San Luis - 05/07/2025
105	Ricardo Borlengui	Toro Competición	95,0	Nacional Bs As - 05/11/2023
120				
120+				

CABALLEROS MASTER 4

SENTADILLA

59
66
74
83
93
105
120
120+

FUERZA EN BANCO

59
66
74
83
93
105
120
120+

DESPEGUE

59
66
74
83
93
105
120
120+

TOTAL

59
66
74
83
93
105
120
120+

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

59
66
74
83
93
105
120
120+

RECORDS METROPOLITANOS CLASSIC - Septiembre 2025

DAMAS OPEN

SENTADILLA

47,0	Madelein Canto	S&C Coaches	125,0	Sudamericano Brasil - 20/09/2025
52,0	Daiana La Bella	Evolución coaching	155,0	Sudamericano Brasil - 20/09/2025
57,0	Daiana La Bella	Evolución coaching	167,5	Mundial Malta - 11/06/2023
63,0	Nazarena Diaz	Kloster's Gym	142,5	Sudamericano Perú - 06/09/2023
69,0	Regina Cicerone	SiS Barbell	160,0	Sudamericano Brasil - 22/09/2025
76,0	Agustina Paoli	Dynamik Powerlifting	190,0	Mundial Costa Rica - 03/09/2025
84,0	Irene Maldonado	Toro competicion	165,0	Nacional San Luis - 03/07/2025
84 +	Laura Torres	S&C Coaches	177,5	Nacional San Luis - 03/07/2025

FUERZA EN BANCO

47,0	Olguin Karen	SiS Barbell	74,0	Nacional San Luis - 02/07/2025
52,0	Daiana La Bella	Evolución coaching	82,5	Nacional San Luis - 02/07/2025
57,0	Guadalupe Cabral	S&C Coaches	86,5	Nacional Corrientes - 04/07/2024
63,0	Melina Grittini	S&C Coaches	77,5	Clasificatorio AMeLPo - 24/06/2023
69,0	Estela Peña	S&C Coaches	85,0	Clasificatorio AMeLPo - 05/08/2023
76,0	Valentina Bonahora	V-V Powerlifting	90,0	Sudamericano Brasil - 22/09/2025
84,0	Irene Maldonado	Toro competicion	85,0	Nacional San Luis - 03/07/2025
84 +	Laura Torres	S&C Coaches	115,5	Nacional San Luis - 03/07/2025

DESPEGUE

47,0	Madelein Canto	S&C Coaches	150,0	Nacional Corrientes - 04/07/2024
52,0	Daiana La Bella	Evolución coaching	170,0	Nacional San Luis - 02/07/2025
57,0	Daiana La Bella	Evolución coaching	165,0	Nacional Bs As - 03/11/2023
63,0	Nazarena Diaz	Kloster's Gym	170,0	Nacional Corrientes - 04/07/2024
69,0	Garri Antonella	Kratos Box	166,0	Nacional Corrientes - 04/07/2024
76,0	Valentina Bonahora	V-V Powerlifting	215,0	Sudamericano Brasil - 22/09/2025
84,0	Guadalupe Fleita	Dynamik Powerlifting	180,0	Metropolitano 02/11/2024
84 +	Ludmila Koch	Toro competicion	202,5	Sudamericano Arg- 19/09/2024

TOTAL

47,0	Madelein Canto	S&C Coaches	342,5	Nacional Corrientes - 04/07/2024
52,0	Daiana La Bella	Evolución coaching	403,0	Nacional San Luis - 02/07/2025
57,0	Daiana La Bella	Evolución coaching	410,5	Nacional Bs As - 03/11/2023
63,0	Nazarena Diaz	Kloster's Gym	382,5	Nacional Corrientes - 04/07/2024
69,0	Regina Cicerone	SiS Barbell	402,5	Nacional San Luis - 02/07/2025
76,0	Valentina Bonahora	V-V Powerlifting	490,0	Sudamericano Brasil - 22/09/2025
84,0	Lucila Valenti	S&C Coaches	412,5	Sudamericano Brasil - 22/09/2025
84 +	Laura Torres	S&C Coaches	480,5	Nacional San Luis - 03/07/2025

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

47,0	Olguin Karen	SiS Barbell	74,0	Nacional San Luis - 02/07/2025
52,0	Daiana La Bella	Evolución coaching	82,5	Nacional San Luis - 02/07/2025
57,0	Guadalupe Cabral	S&C Coaches	86,5	Nacional Corrientes - 04/07/2024
63,0	Melina Grittini	S&C Coaches	77,5	Clasificatorio AMeLPo - 24/06/2023
69,0	Estela Peña	S&C Coaches	85,0	Clasificatorio AMeLPo - 05/08/2023
76,0	Valentina Bonahora	V-V Powerlifting	90,0	Sudamericano Brasil - 22/09/2025
84,0	Irene Maldonado	Toro competicion	85,0	Nacional San Luis - 03/07/2025
84 +	Laura Torres	S&C Coaches	115,5	Nacional San Luis - 03/07/2025

DAMAS JUNIOR**SENTADILLA**

43,0	Kiara Zambrano	Dynamik Powerlifting	65,0	Metropolitano 02/11/2024
47,0	Karen Olguin	Strength is Science	100,0	Sudamericano Arg- 17/09/2024
52,0	Aylin Agüero	SiS Barbell	110,0	Nacional San Luis - 02/07/2025
57,0	Ludmila Lafont	SiS Barbell	115,0	Nacional San Luis - 02/07/2025
63,0	Nazarena Diaz	Kloster´s Gym	142,5	Sudamericano Perú - 06/09/2023
69,0	Lourdes Ferreira	Kratos Box	151,0	Nacional Bs As - 03/11/2023
76,0	Agustina Paoli	Dynamik Powerlifting	190,0	Mundial Costa Rica - 03/09/2025
84,0	Lucila Valenti	S&C Coaches	155,0	Nacional San Luis - 03/07/2025
84 +	Julieta Lovotrico	Dimaro	100,0	Clasificatorio AMeLPo - 05/08/2023

FUERZA EN BANCO

43,0	Kiara Zambrano	Dynamik Powerlifting	37,5	Metropolitano 02/11/2024
47,0	Karen Olguin	Strength is Science	67,5	Nacional Corrientes - 04/07/2024
52,0	Magali Lemos	Kratos Box	60,5	Nacional Corrientes - 04/07/2024
57,0	Yuliana Rodriguez	La cueva del Vikingo	65,0	Nacional Bs As - 03/11/2023
63,0	Nazarena Diaz	Kloster´s Gym	70,0	Sudamericano Perú - 06/09/2023
69,0	Lourdes Ferreira	Kratos Box	75,0	Nacional Bs As - 03/11/2023
76,0	Lourdes Ferreira	Kratos Box	85,5	Nacional Corrientes - 04/07/2024
84,0	Lucila Valenti	S&C Coaches	80,0	Sudamericano Brasil - 22/09/2025
84 +	Julieta Lovotrico	Dimaro	57,5	Clasificatorio AMeLPo - 05/08/2023

DESPEGUE

43,0	Kiara Zambrano	Dynamik Powerlifting	92,5	Metropolitano 02/11/2024
47,0	Karen Olguin	Strength is Science	110,0	Sudamericano Arg- 17/09/2024
52,0	Nicole Olivera	Strength is Science	140,0	Nacional Corrientes - 04/07/2024
57,0	Ludmila Lafont	SiS Barbell	140,0	Sudamericano Brasil - 21/09/2025
63,0	Giuliana Relling	Germánfrainer	175,0	Nacional Corrientes - 04/07/2024
69,0	Julia Cuadrado	SiS Barbell	167,5	Nacional San Luis - 03/07/2025
76,0	Agustina Paoli	Dynamik Powerlifting	200,0	Mundial Costa Rica - 03/09/2025
84,0	Lucila Valenti	S&C Coaches	177,5	Sudamericano Brasil - 22/09/2025
84 +	Julieta Lovotrico	Dimaro	110,0	Clasificatorio AMeLPo - 05/08/2023

TOTAL

43,0	Kiara Zambrano	Dynamik Powerlifting	195,0	Metropolitano 02/11/2024
47,0	Karen Olguin	Strength is Science	277,5	Sudamericano Arg- 17/09/2024
52,0	Magali Lemos	Kratos Box	285,5	Nacional Corrientes - 04/07/2024
57,0	Ludmila Lafont	SiS Barbell	317,5	Nacional San Luis - 02/07/2025
63,0	Nazarena Diaz	Kloster´s Gym	367,5	Sudamericano Perú - 06/09/2023
69,0	Lourdes Ferreira	Kratos Box	391,5	Nacional Bs As - 03/11/2023
76,0	Agustina Paoli	Dynamik Powerlifting	475,0	Mundial Costa Rica - 03/09/2025
84,0	Lucila Valenti	S&C Coaches	412,5	Sudamericano Brasil - 22/09/2025
84 +	Julieta Lovotrico	Dimaro	267,5	Clasificatorio AMeLPo - 05/08/2023

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

43,0	Kiara Zambrano	Dynamik Powerlifting	37,5	Metropolitano 02/11/2024
47,0	Karen Olguin	Strength is Science	67,5	Nacional Corrientes - 04/07/2024
52,0	Magali Lemos	Kratos Box	60,5	Nacional Corrientes - 04/07/2024
57,0	Yuliana Rodriguez	La cueva del Vikingo	65,0	Nacional Bs As - 03/11/2023
63,0	Nazarena Diaz	Kloster´s Gym	70,0	Sudamericano Perú - 06/09/2023
69,0	Nazarena Diaz	Kloster´s Gym	75,0	Clasificatorio AMeLPo - 24/06/2023
76,0	Lourdes Ferreira	Kratos Box	85,5	Nacional Corrientes - 04/07/2024
84,0	Lucila Valenti	S&C Coaches	77,5	Nacional San Luis - 03/07/2025
84 +	Julieta Lovotrico	Dimaro	57,5	Clasificatorio AMeLPo - 05/08/2023

DAMAS SUBJUNIOR**SENTADILLA**

43,0	Kiara Zambrano	Dynamik Powerlifting	65,0	Metropolitano 02/11/2024
47,0	Magali Lemos	Kratos Box	105,5	Nacional Corrientes - 04/07/2024
52,0	Aylin Agüero	SiS Barbell	110,0	Nacional San Luis - 02/07/2025
57,0	Jazmín Luna	S&C Coaches	112,5	Sudamericano Arg- 17/09/2024
63,0	Guadalupe Charchir	Kloster's Gym	135,0	Metropolitano 02/11/2024
69,0	Camila Corbalan	Toro competicion	110,0	Nacional Bs As - 03/11/2023
76,0	Camila Corbalán	Toro competicion	110,0	Metropolitano AMeLPo - 05/08/2023
84,0	Guadalupe Martínez	Toro competicion	100,0	Nacional Corrientes - 04/07/2024
84 +	Guadalupe Martínez	Toro competicion	105,0	Metropolitano 02/11/2024

FUERZA EN BANCO

43,0	Kiara Zambrano	Dynamik Powerlifting	37,5	Metropolitano 02/11/2024
47,0	Magali Lemos	Kratos Box	40,0	Apertura AMeLPo - 06/05/2023
52,0	Magali Lemos	Kratos Box	60,5	Nacional Corrientes - 04/07/2024
57,0	Yuliana Rodriguez	La cueva del Vikingo	65,0	Nacional Bs As - 03/11/2023
63,0	Dietz Maia	Strength Is Science	62,5	Nacional Corrientes - 04/07/2024
69,0	Camila Corbalan	Toro competicion	47,5	Nacional Bs As - 03/11/2023
76,0	Miranda Fleita	Raido team	55,0	Apertura AMeLPo - 06/05/2023
84,0	Guadalupe Martínez	Toro competicion	47,5	Sudamericano Arg- 19/09/2024
84 +	Guadalupe Koch	Toro competicion	45,0	Metropolitano AMeLPo - 05/08/2023

DESPEGUE

43,0	Kiara Zambrano	Dynamik Powerlifting	92,5	Metropolitano 02/11/2024
47,0	Magali Lemos	Kratos Box	115,0	Apertura AMeLPo - 06/05/2023
52,0	Magali Lemos	Kratos Box	122,5	Sudamericano Arg- 17/09/2024
57,0	Yuliana Rodriguez	La cueva del Vikingo	122,5	Apertura AMeLPo - 06/05/2023
63,0	Guadalupe Charchir	Kloster's Gym	142,5	Metropolitano 02/11/2024
69,0	Camila Corbalan	Toro competicion	110,0	Nacional Bs As - 03/11/2023
76,0	Miranda Fleita	Raido team	122,5	Apertura AMeLPo - 06/05/2023
84,0	Guadalupe Martínez	Toro competicion	115,0	Sudamericano Arg- 17/09/2024
84 +	Guadalupe Martínez	Toro competicion	130,0	Metropolitano 02/11/2024

TOTAL

43,0	Kiara Zambrano	Dynamik Powerlifting	195,0	Metropolitano 02/11/2024
47,0	Magali Lemos	Kratos Box	232,5	Apertura AMeLPo - 06/05/2023
52,0	Magali Lemos	Kratos Box	285,5	Nacional Corrientes - 04/07/2024
57,0	Yuliana Rodriguez	La cueva del Vikingo	291,0	Nacional Bs As - 03/11/2023
63,0	Guadalupe Charchir	Kloster's Gym	335,0	Metropolitano 02/11/2024
69,0	Camila Corbalan	Toro competicion	267,5	Nacional Bs As - 03/11/2023
76,0	Miranda Fleita	Raido team	277,5	Apertura AMeLPo - 06/05/2023
84,0	Guadalupe Martínez	Toro competicion	262,5	Sudamericano Arg- 19/09/2024
84 +	Guadalupe Martínez	Toro competicion	280,0	Metropolitano 02/11/2024

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

43,0	Kiara Zambrano	Dynamik Powerlifting	37,5	Metropolitano 02/11/2024
47,0	Magali Lemos	Kratos Box	40,0	Apertura AMeLPo - 06/05/2023
52,0	Magali Lemos	Kratos Box	60,5	Nacional Corrientes - 04/07/2024
57,0	Yuliana Rodriguez	La cueva del Vikingo	60,0	Apertura AMeLPo - 06/05/2023
63,0	Yamila Ramis	Pitbull barbel club	55,0	Apertura AMeLPo - 06/05/2023
69,0	Camila Corbalan	Toro competicion	47,5	Nacional Bs As - 03/11/2023
76,0	Miranda Fleita	Raido team	55,0	Apertura AMeLPo - 06/05/2023
84,0	Guadalupe Martínez	Toro competicion	47,5	Sudamericano Arg- 19/09/2024
84 +	Guadalupe Koch	Toro competicion	45,0	Metropolitano AMeLPo - 05/08/2023

DAMAS MASTER 1**SENTADILLA**

47,0				
52,0	Mariela Di Napoli	S&C Coaches	102,5	Nacional Bs As - 03/11/2023
57,0	Mariela Di Napoli	S&C Coaches	105,0	Sudamericano Arg- 18/09/2024
63,0	Melina Grittini	S&C Coaches	127,5	Sudamericano Arg- 19/09/2024
69,0	Melina Grittini	S&C Coaches	125,0	Nacional San Luis - 02/07/2025
76,0	Paola Vallejos	Klosterś Gym	115,0	Nacional San Luis - 02/07/2025
84,0	Verónica Arregues	Dynamik Powerlifting	140,0	Nacional San Luis - 03/07/2025
84 +	Karina Prezzo	Raido Team	90,0	Metropolitano 02/11/2024

FUERZA EN BANCO

47,0				
52,0	Mariela Di Napoli	S&C Coaches	57,5	Apertura AMeLPo - 06/05/2023
57,0	Mariela Di Napoli	S&C Coaches	62,5	Nacional San Luis - 02/07/2025
63,0	Melina Grittini	S&C Coaches	77,5	Clasificatorio AMeLPo - 24/06/2023
69,0	Melina Grittini	S&C Coaches	75,0	Nacional San Luis - 02/07/2025
76,0	Paola Vallejos	Klosterś Gym	65,0	Nacional San Luis - 02/07/2025
84,0	Verónica Arregues	Dynamik Powerlifting	60,0	Sudamericano Arg- 19/09/2024
84 +	Karina Prezzo	Raido Team	52,5	Metropolitano 02/11/2024

DESPEGUE

47,0				
52,0	Mariela Di Napoli	S&C Coaches	125,0	Apertura AMeLPo - 06/05/2023
57,0	Mariela Di Napoli	S&C Coaches	130,5	Nacional San Luis - 02/07/2025
63,0	Melina Grittini	S&C Coaches	140,0	Nacional Bs As - 03/11/2023
69,0	Paola Vallejos	Klosterś Gym	135,0	Apertura AMeLPo - 06/05/2023
76,0	Paola Vallejos	Klosterś Gym	147,5	Nacional San Luis - 02/07/2025
84,0	Verónica Arregues	Dynamik Powerlifting	165,0	Sudamericano Arg- 19/09/2024
84 +	Karina Prezzo	Raido Team	115,0	Metropolitano 02/11/2024

TOTAL

47,0				
52,0	Mariela Di Napoli	S&C Coaches	277,5	Apertura AMeLPo - 06/05/2023
57,0	Mariela Di Napoli	S&C Coaches	293,0	Nacional San Luis - 02/07/2025
63,0	Melina Grittini	S&C Coaches	335,0	Sudamericano Arg- 19/09/2024
69,0	Melina Grittini	S&C Coaches	325,0	Nacional San Luis - 02/07/2025
76,0	Paola Vallejos	Klosterś Gym	327,5	Nacional San Luis - 02/07/2025
84,0	Verónica Arregues	Dynamik Powerlifting	360,0	Sudamericano Arg- 19/09/2024
84 +	Karina Prezzo	Raido Team	257,5	Metropolitano 02/11/2024

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

47,0				
52,0	Mariela Di Napoli	S&C Coaches	57,5	Apertura AMeLPo - 06/05/2023
57,0	Mariela Di Napoli	S&C Coaches	60,0	Nacional San Luis - 02/07/2025
63,0	Melina Grittini	S&C Coaches	77,5	Clasificatorio AMeLPo - 24/06/2023
69,0	Melina Grittini	S&C Coaches	75,0	Nacional San Luis - 02/07/2025
76,0	Paola Vallejos	Klosterś Gym	65,0	Nacional San Luis - 02/07/2025
84,0	Verónica Arregues	Dynamik Powerlifting	60,0	Sudamericano Arg- 19/09/2024
84 +	Karina Prezzo	Raido Team	52,5	Metropolitano 02/11/2024

DAMAS MASTER 2**SENTADILLA**

47,0				
52,0				
57,0				
63,0				
69,0	Mirta Celes	Klosterś Gym	107,5	Nacional Corrientes - 04/07/2024
76,0	Graciela Wamba	Quirón Fuerza	55,0	Sudamericano Arg- 19/09/2024
84,0	Verónica Arregues	Dynamik Powerlifting	140,0	Nacional San Luis - 03/07/2025
84 +	Karina Prezzo	Raido Team	90,0	Metropolitano 02/11/2024

FUERZA EN BANCO

47,0				
52,0				
57,0				
63,0				
69,0	Mirta Celes	Klosterś Gym	50,0	Apertura AMeLPo - 06/05/2023
76,0	Graciela Wamba	Quirón Fuerza	45,0	Sudamericano Arg- 19/09/2024
84,0	Verónica Arregues	Dynamik Powerlifting	60,0	Sudamericano Arg- 19/09/2024
84 +	Karina Prezzo	Raido Team	52,5	Metropolitano 02/11/2024

DESPEGUE

47,0				
52,0				
57,0				
63,0				
69,0	Mirta Celes	Klosterś Gym	125,0	Apertura AMeLPo - 06/05/2023
76,0	Graciela Wamba	Quirón Fuerza	105,0	Sudamericano Arg- 19/09/2024
84,0	Verónica Arregues	Dynamik Powerlifting	165,0	Sudamericano Arg- 19/09/2024
84 +	Karina Prezzo	Raido Team	115,0	Metropolitano 02/11/2024

TOTAL

47,0				
52,0				
57,0				
63,0				
69,0	Mirta Celes	Klosterś Gym	274,0	Nacional Corrientes - 04/07/2024
76,0	Graciela Wamba	Quirón Fuerza	205,0	Sudamericano Arg- 19/09/2024
84,0	Verónica Arregues	Dynamik Powerlifting	360,0	Sudamericano Arg- 19/09/2024
84 +	Karina Prezzo	Raido Team	257,5	Metropolitano 02/11/2024

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

47,0				
52,0				
57,0				
63,0				
69,0	Mirta Celes	Klosterś Gym	50,0	Apertura AMeLPo - 06/05/2023
76,0	Graciela Wamba	Quirón Fuerza	45,0	Sudamericano Arg- 19/09/2024
84,0	Verónica Arregues	Dynamik Powerlifting	60,0	Sudamericano Arg- 19/09/2024
84 +	Karina Prezzo	Raido Team	52,5	Metropolitano 02/11/2024

DAMAS MASTER 3

SENTADILLA

47,0

52,0

57,0

63,0

69,0

76,0 Graciela Wamba Quirón Fuerza 55,0 Sudamericano Arg- 19/09/2024

84,0 Laura Falcov La Panadería 117,5 Nacional San Luis - 03/07/2025

84 +

FUERZA EN BANCO

47,0

52,0

57,0

63,0

69,0

76,0 Graciela Wamba Quirón Fuerza 45,0 Sudamericano Arg- 19/09/2024

84,0 Laura Falcov La Panadería 45,0 Nacional San Luis - 03/07/2025

84 +

DESPEGUE

47,0

52,0

57,0

63,0

69,0

76,0 Graciela Wamba Quirón Fuerza 105,0 Sudamericano Arg- 19/09/2024

84,0 Laura Falcov La Panadería 130,0 Metropolitano 02/11/2024

84 +

TOTAL

47,0

52,0

57,0

63,0

69,0

76,0 Graciela Wamba Quirón Fuerza 205,0 Sudamericano Arg- 19/09/2024

84,0 Laura Falcov La Panadería 290,0 Nacional San Luis - 03/07/2025

84 +

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

47,0

52,0

57,0

63,0

69,0

76,0 Graciela Wamba Quirón Fuerza 45,0 Sudamericano Arg- 19/09/2024

84,0 Laura Falcov La Panadería 45,0 Nacional San Luis - 03/07/2025

84 +

DAMAS MASTER 4

SENTADILLA

47,0

52,0

57,0

63,0

69,0

76,0 Graciela Wamba Quirón Fuerza 55,0 Sudamericano Arg- 19/09/2024

84,0

84 +

FUERZA EN BANCO

47,0

52,0

57,0

63,0

69,0

76,0 Graciela Wamba Quirón Fuerza 45,0 Sudamericano Arg- 19/09/2024

84,0

84 +

DESPEGUE

47,0

52,0

57,0

63,0

69,0

76,0 Graciela Wamba Quirón Fuerza 105,0 Sudamericano Arg- 19/09/2024

84,0

84 +

TOTAL

47,0

52,0

57,0

63,0

69,0

76,0 Graciela Wamba Quirón Fuerza 205,0 Sudamericano Arg- 19/09/2024

84,0

84 +

FUERZA EN BANCO SIMPLE LEVANTAMIENTO

47,0

52,0

57,0

63,0

69,0

76,0 Graciela Wamba Quirón Fuerza 45,0 Sudamericano Arg- 19/09/2024

84,0

84 +